



QUEEN CITY MINOR BOX LACROSSE

2018 TEAM PACKAGE



QCMBL Executive

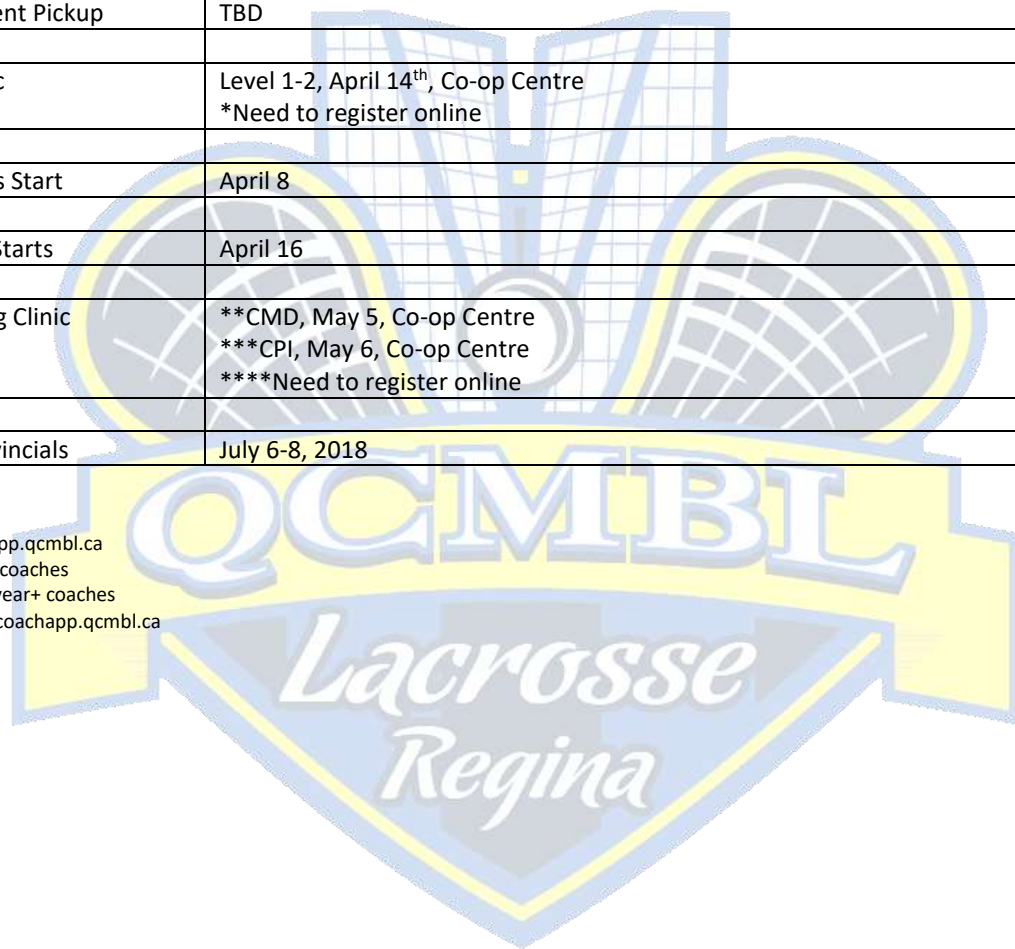
Position	Name	Email
President	Matt Williams	president@qcmb.ca
Vice-President	Danita Actemichuk	vicepres@qcmb.ca
Secretary	Chris Fluter	secretary@qcmb.ca
Treasurer	Heather Wenarchuk	treasurer@qcmb.ca
Referee in Chief	Dallan Larson	referee@qcmb.ca
Director miniTyke	Kris Moen	minityke@qcmb.ca
Director Tyke	Dave Wenarchuk	tyke@qcmb.ca
Director Novice	Angie Thachuk	novice@qcmb.ca
Director Pee Wee	Dennis Pepin	peewee@qcmb.ca
Director Bantam	Ian Lueke	bantam@qcmb.ca
Director Midget	Stephen Watson	midget@qcmb.ca
Director Junior	Curtis Appel	junior@qcmb.ca
Director of Suspensions	Darren Johnson	suspensions@qcmb.ca
Director of Communications	Curtis Kopciuch	communications@qcmb.ca
Director of Coaching	Curtis Appel	coaching@qcmb.ca
Equipment Managers	Rob Schuba	equipment@qcmb.ca
Scheduler	Curtis Kopciuch	scheduler@qcmb.ca
Referee Scheduler	Heather Wenarchuk	refsched@qcmb.ca
Registrar	Danita Actemichuk	registrar@qcmb.ca
Awards / Recognition	Taryn Larson	awards@qcmb.ca



Important Dates

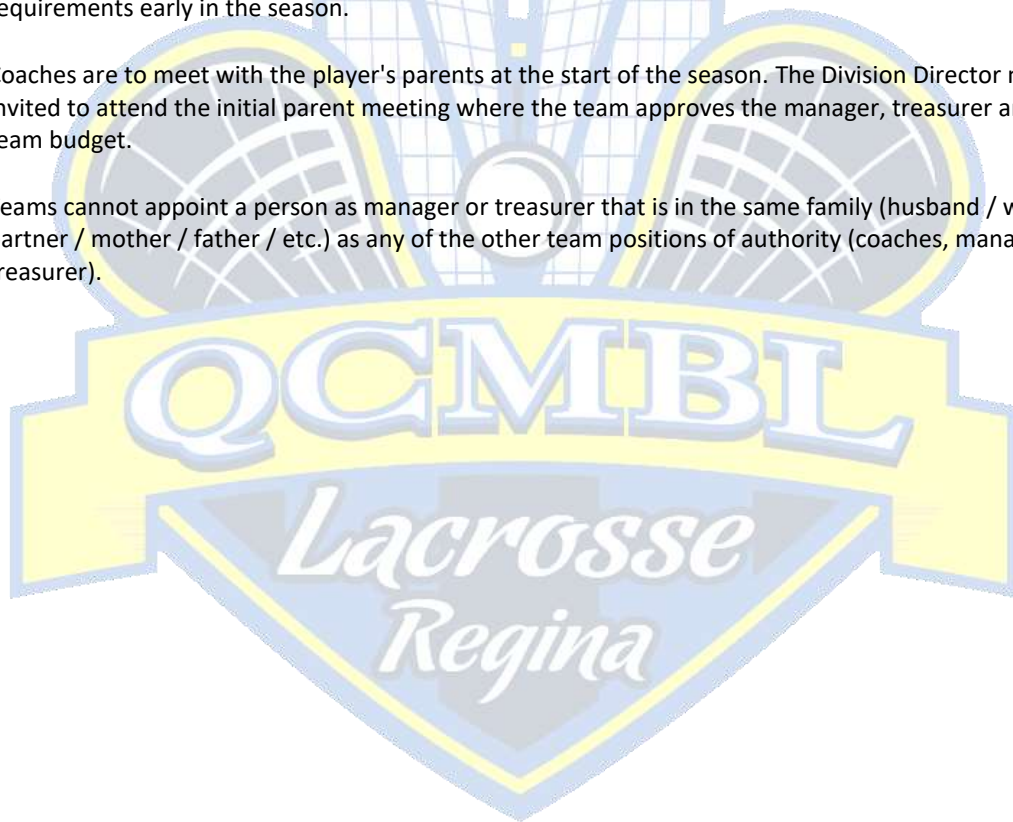
Evaluations	April 3-6, Co-Operators Centre
Coaches/Ref meeting	April 6 th – Directly after Division Draft
Player Drafts	April 6 th – Sillinger's Lounge Co-Ops
Barracuda Tryouts	April 7-8, Co-op Centre
Equipment Pickup	TBD
Ref clinic	Level 1-2, April 14 th , Co-op Centre *Need to register online
Practices Start	April 8
Season Starts	April 16
Coaching Clinic	**CMD, May 5, Co-op Centre ***CPI, May 6, Co-op Centre ****Need to register online
SLA Provincials	July 6-8, 2018

*<http://refapp.qcdbl.ca>
 **First year coaches
 ***Second year+ coaches
 ****<http://coachapp.qcdbl.ca>



Team Management

- Team officials (coaches, assistant coaches and managers) shall be responsible for their conduct and that of their players at all times. They must endeavor to prevent disorderly conduct before, during or after the game, on or off the floor and any place in the arena.
- All coaches are expected to take the initiative to be knowledgeable of and ensure that the CLA, SLA and QCMBL Rules and Regulations are adhered to.
- Team officials (Coaches, Manager, and Trainer) are required to have obtained the necessary training to oversee a team. This includes obtaining the proper coaching certification levels, attending the required courses that include, but may not be limited to, Positive Coaching Alliance Workshops and providing a Criminal Records Check and being registered on the SLA certification form. In addition, as per SLA, failure to obtain the proper coaching certification by the SLA deadline will result in the coach being removed from the team. Teams are encouraged to have their team officials complete the certification requirements early in the season.
- Coaches are to meet with the player's parents at the start of the season. The Division Director may be invited to attend the initial parent meeting where the team approves the manager, treasurer and the team budget.
- Teams cannot appoint a person as manager or treasurer that is in the same family (husband / wife / partner / mother / father / etc.) as any of the other team positions of authority (coaches, manager, treasurer).



Tournaments in Saskatchewan

Dates	Location	Type	Tournament	Division	Contact
May 12th to 14th	Saskatoon	Box Lacrosse	Justin Sprout	Bantam	Saskatoon Box Lacrosse Association
May 12th to 14th	Moose Jaw	Box Lacrosse	Christopher Saunders	Pee Wee	Moose Jaw Kinsmen Lacrosse Assoc.
May 13th & 14th	Regina	Box Lacrosse	Novice Festival	Novice	Queen City Minor Box Lacrosse
May 19th to 21st	Saskatoon	Box Lacrosse	Curtis Ptolemy	Pee Wee A	Saskatoon Box Lacrosse Association
May 19th to 21st	Saskatoon	Box Lacrosse	Curtis Ptolemy	Bantam A	Saskatoon Box Lacrosse Association
May 19th to 21st	Saskatoon	Box Lacrosse	Curtis Ptolemy	Midget A	Saskatoon Box Lacrosse Association
June 3rd & 4th	Estevan	Box Lacrosse	Estevan Tournament	Novice	Estevan Minor Lacrosse Assoc.
June 3rd & 4th	Estevan	Box Lacrosse	Estevan Tournament	Pee Wee	Estevan Minor Lacrosse Assoc.
June 3rd & 4th	Prince Albert	Box Lacrosse	Daily Herald	Novice	Prince Albert Box Lacrosse Assoc.
June 3rd & 4th	Prince Albert	Box Lacrosse	Daily Herald	Pee Wee	Prince Albert Box Lacrosse Assoc.
June 3rd & 4th	Prince Albert	Box Lacrosse	Daily Herald	Bantam	Prince Albert Box Lacrosse Assoc.
June 9th to 11th	Saskatoon	Box Lacrosse	Silver Stick	Pee Wee	Saskatoon Box Lacrosse Association
June 24th & 25th	Regina	Box Lacrosse	Tyke Festival	Tyke	Queen City Minor Box Lacrosse
May 27TH & 28TH	Sturgis	Field Lacrosse	Sturgis Tournament	U8 - U19	Sturgis Lacrosse Association
June 10th	Yorkton	Field Lacrosse	Yorkton Tournament	U8 - U19	Yorkton Lacrosse Association

Game sheets must be submitted to the QCMBL immediately.

Tournaments in Alberta

Dates	Location	Tournament	Division	Contact
May 18-21	Red Deer	Red Deer	Novice B	
May 18-21	Red Deer	Red Deer	Peewee B	
May 18-21	Red Deer	Red Deer	Bantam B	
May 18-21	Red Deer	Red Deer	Midget B	
May 18-21	Edmonton	Edmonton Blues Tournament	Novice B	
May 18-21	Edmonton	Edmonton Blues Tournament	Peewee B	
May 18-21	Edmonton	Edmonton Blues Tournament	Bantam B	
May 18-21	Edmonton	Edmonton Blues Tournament	Midget B	
June 8-10	St. Albert	St. Albert Rams Tournament	Novice B	
June 8-10	St. Albert	St. Albert Rams Tournament	Peewee B	
June 8-10	St. Albert	St. Albert Rams Tournament	Bantam B	
June 8-10	St. Albert	St. Albert Rams Tournament	Midget B	
June 29-July 2	Calgary	Calgary Canada Day Tournament	Peewee B	
June 29-July 2	Calgary	Calgary Canada Day Tournament	Peewee B	
June 29-July 2	Calgary	Calgary Canada Day Tournament	Peewee B	

The listed Alberta tournaments need to be approved by the SLA. Proper travel roster forms must be completed and submitted to the QCMBL 14 days before the first game, the QCMBL will then forward the roster form to the SLA. Game sheets must be submitted to the QCMBL immediately.

Submit Team Information

Submit your team's information using the following online form:

<http://teaminfo.qcdbl.ca/>

Team info must be submitted before April 16, 2018.

Equipment Information

Equipment Manager: **Rob Schuba**

Email address: **equipment@qcdbl.ca**

Equipment Pick up: QCMBL Garage – 2445 7th Ave



Equipment Pickup Date: **TBD**

Equipment Received:

- 24 Balls, 12 to be returned at end of season
- Jerseys, Returned washed and in numerical order
- Goalie equipment

*****Jerseys are NOT to be worn during practices*****

Any damaged equipment should be reported to Equipment Manager ASAP.

If you require any special equipment for travel purposes please email the Equipment Manager at least 14 days in advance to arrange for pick up.

Please do your absolute best to take good care of the equipment, as thousands of dollars have been spent on good quality equipment for the safety of the players.

Team Fees

Maximum player team fees for Novice-Midget may not exceed \$250.00 above the published QCMBL registration fees for the current playing year. (Tykes- Max. \$75). Maximum team budgets will be as follows:

- **Novice**
 - Max 2 tournaments* (only 1 can be overnight stay)
 - Maximum budget/player cost: Registration Fee + \$250.00
- **Peewee**
 - Max 2 tournaments
 - Maximum budget/player cost: Registration Fee + \$250.00
- **Bantam**
 - Max 2 tournaments
 - Maximum budget/player cost: Registration Fee + \$250.00
- **Midget**
 - Max 2 tournaments
 - Maximum budget/player cost: Registration Fee + \$250.00

*This includes the QCMBL's Novice tournament (May 11-13) that all novice QCMBL teams participate in.

Items in the team's budget include but are not limited to the following: registration fees, tournament fees, practice floor costs, gym rentals, team pictures, team shorts, team outings or meals, coaches' accommodation and meals where applicable, and any other costs associated with the operation of the team. Transportation costs such as bus rental are not included but must be agreed to by the parents participating. **Team apparel purchases are strictly voluntary and a family may wish not to participate. The team will not cover fuel expenses for coaches, managers or trainers.**

A financial statement is to be provided by each team prior to May 1st and a final financial statement and return of unused funds to parents is to be completed by August 15th of the current lacrosse season with a copy of each statement being filed with the QCMBL Division Director.

Example Team Budget:

Team Budget			
	Number	Amount	Total
Extra Practices	5	\$ 95.00	\$ 475.00
Team Apparel (Shorts, shirts, etc.)	15	\$ 30.00	\$ 450.00
Team Pictures	15	\$ 25.00	\$ 375.00
Coaches Expenses (hotel, food, etc.)	1	\$ 300.00	\$ 300.00
Tournament Fee	1	\$ 500.00	\$ 500.00
Year End Wind-up	1	\$ 200.00	\$ 200.00
Equipment (balls first aid, water bottles, etc.)	1	\$ 200.00	\$ 200.00
Misc. (\$5 x Number of players)	15	\$ 5.00	\$ 75.00
Total Team Budget			\$ 2,575.00
Number of Players	15		

Total Per Player			\$ 171.67
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Floor Time

Scheduler: **Curtis Kopciuch**
 Email: **scheduler@qcmb.ca**

Each team will receive one practice time once a week, scheduled by the league. This practice time may be partly shared or fully shared with another team. The cost of this floor time is included in the league registration fees.

Extra floor time will be available for additional practices on a first come first serve basis. Costs will be charged to the team and will need to be accounted for in the team's budget. One hour of floor costs \$95.00.

When there is a split floor practice it is up to the coaches to figure out the ball situation. (i.e. One teams supplies balls for the whole floor or teams chase ball, etc.).

All players, coaches, officials, parents, fans, etc. are to treat all arena facilities and equipment with utmost respect. Failure to do so may jeopardize QCMBL's opportunity to utilize these facilities in the future.

In cooperation with *Regina Field Lacrosse* QCMBL Peewee teams will be provided free instruction a couple times over the season. Peewee teams will receive their respective field practice times when known.

Timekeeping/Reporting Scores

The home team will need to provide two parent/volunteers to work the penalty box during games, while the away team is required to provide one parent/volunteer.

It is encouraged that each team create a parent schedule to work the penalty box, to ensure there is enough people to work each game and not one family is working all games.

Scorekeeper, Timekeepers, and 30 second clock operators are minor officials. If a player in the penalty box is abusive, sound the horn and advise the referee. Who may at their discretion issue an additional penalty.

It is the responsibility of the home team to report the score to the league through the website within 24hr of completion of the game. The email addresses submitted from your online form will be used to send links to update scores.

Affiliated Players

- I. Calling up of an affiliated player from a lower division is not permitted except to replace a missing player
- II. The affiliated player must be registered with the QCMBL and be on a QCMBL house team
- III. Process for using an affiliated player:
 1. The coach using the affiliated player must attempt to notify the coach of the team from which a player is being acquired.
 2. It is the responsibility of the coach to allow affiliated players to play or practice at a higher level provided there is no scheduling conflict with their Drafted Team
 3. The coach affiliating the player must receive approval from the player parent or guardian

4. Any dispute over the use of an affiliated player must be referred to the division director immediately
5. Affiliated players used in a game are to be designated on the game sheet with the letters "AP"
6. There is no affiliated player protection list. An affiliated player can play for any team in a higher division as long as the above process is met. An affiliated player can play for multiple teams in a higher division throughout the course of the season.

Suspensions/Discipline

Director of Suspensions: **Darren Johnson**
 Email: suspensions@qcmb.ca

Coaches are responsible for knowing and following QCMBL and SLA suspension regulations. All penalties assessed in league, tournament and exhibition games where suspensions are involved must be dealt with immediately and must be reported to the Director of Suspensions within 48 hours of the infraction. Coaches failing to notify are subject to suspension. Minimum suspensions as per SLA Regulations are to be applied immediately. The Director of Suspensions may apply additional suspensions, depending on the severity of the penalty. Failure to apply the minimum suspensions will result in forfeiture of any games played with the suspended player.

QCMBL will follow SLA's Policy Manual in terms of suspension lengths but has the option to add on or create additional discipline as they see fit. Previous history of the offender may be considered as well.

Checking from behind – major penalty for checking from behind

- i. First offense – anytime during a game except in the last ten minutes – the remainder of the game
- ii. First offense – within the final ten minutes of a game – remainder of the game and 1 game suspension
- iii. Second offense – one (1) game suspension
- iv. Third offense – three (3) game suspension
- v. Fourth or more offense – suspended indefinitely until dealt with by league discipline committee. All previous history will be considered as well.

Game misconducts - Coaches/Bench person

- i. First offense – one (1) game
- ii. Second offense – three (3) games
- iii. Third offense or above - Suspended indefinitely until a personal discussion with suspension directory and at least one executive board director. Previous history will be considered.

Game misconducts – players

- i. First offense – anytime during a game except in the last ten minutes – the remainder of the game.
- ii. First offense – in the final ten minutes of a game – remainder of game plus one (1) game suspension.
- iii. Second offense – one (1) game suspension
- iv. Third offense or above – suspended indefinitely until dealt with by league discipline committee. All previous history will be considered as